

Facilitated Workshops:

Professional Development:

- **Norfolk General Hospital**
Simcoe, Ontario
Support Staff: Coping with Change
- **Conestoga College**
Scarborough, Ontario
Dean & Professors:
Stress Management
- **Christian Professional Conference**
Burlington Social Workers
Visualizing and Stress Management
- **Seneca Nations of Indians**
New York State
[Directors and Sr. Management Effective Listening - 3 days Contract – Holistic Counselling](#)
- **Sagamok Anishnawek First Nations**
Health Services & Community/Social Services
Sagamok, Ontario
Anger: Friend or Foe
How to reach consensus
Anger Management
Stress in the workplace
Effective Listening Skills
Valuing Diversity
How to be Heard and Understood
[Created and Facilitated 3-day Youth Conference](#)
Contract: Holistic Counselling
Mediation between staff
- **Wkwemikong Unceded First Nation**
Health Services
Wkwemikong, Ontario
How to Increase the Quality of Customer Service
Healing Circles:

- Understanding Emotional Healing
Keynote Speaker: Community Wellness Day
[Staff & Management: 97 participants workshop: Increasing work ethics through Medicine Wheel Concept](#)
Mediation & Reconciliation: Treatment Centre with Executive Director & Board
Holistic Counselling
- **Ontario Works: Retraining Centre**
Cornwall Ontario
Staff & Trainees
Management vs. Leadership
 - **Regina, SK Holistic Practitioners**
Increasing Your Intuition & How to Trust Your Gut
 - **Cornwall, Ontario Series of workshops**
Law of Attraction & Abundance
1-day Retreats
 - **Tyendinaga Bay of Quinte Mohawks**
[Day Care Staff & Management 3-day Workshop](#)
[Personality Profiling and Compatibility](#)
[Building Consensus](#)
[Creating Effective Meeting Agendas](#)
 - **Tyendinaga Ontario Works**
3-Day Workshops
9 Essential Life Skills
Attributes+Barriers+ Consciousness
Emotional Wellness
 - **Tyendinaga Men's & Women's Conference;**
Holistic Healing
 - **Tyendinaga Women's Conference:** Facilitated

- **Tyendinaga Doula Training** – Good Mind Teachings
- **Whitefish River FN** – 1:1 sessions; Education Staff support/workshops; working with elementary school children
- **Mnaamodzawin Health Services** – 1:1 sessions with community members and staff
- **Sheguiandah FN** – 1:1 sessions with community members and staff
- **Sheshegwaning FN** - 1:1 sessions with community members and staff; Voxxlife HPT products event
- **Mohawk Council of Akwesasne (MCA)**
Mohawk Territory Canada
[30 Day Mediation & Reconciliation with Chief & Council](#)
Head Start Program USA Staff & Management:
Working Together: Being Heard and Understood
- **MCA Community & Social Services & Health:**
Building a 10 year Plan
- **MCA School Board:** [Mediation & Reconciliation](#)
[Teachers and School Board](#)
Workshops for students:
Communication and Kindness
Holistic Counselling
- **Walpole Island Ontario**
Woman's Shelter Staff:
Identifying, Setting and Holding Healthy Boundaries
- **Six Nations Ontario Birthing Centre:**
Consultant on Architectural Changes
Talking Circles
Healing Circles
- Doula Training: Good Mind Teachings
- **Diabetes Assoc.:** Visualization & Stress Reduction
Holistic Counselling
- **Pine Tree Friendship Centre**
Management, Staff and Community
Brantford Ontario
[Communication Skills](#)
[Talking Circles](#)
- **Christian Island Ontario Beausoleil First Nation:**
[Hope & Healing Youth Conference:](#)
[Holistic Counselling](#)
Admin and Staff – Elementary School PD Day:
[Cause & Effect, Identity & Life](#)
Events & Workshops
Holistic Counselling for Mental Health, Community Social Service, Health and Education
Series of 4 Workshops for Seniors on Wellness
- **Chippewa's of Rama**
Rama, Ontario
Ontario Works:
9 Essential Life Skills
Attributes+Barriers+Consciousness
Emotional Wellness
Education:
Holistic counselling
[Fundraiser for Library](#)
[Voxxlife HPT event](#)
Social Services Team Building
Early Childhood Education:
Individual sessions
- **Henvey Inlet First Nation,**
Ontario
Health:
Holistic Counselling
[Workshops and talking circles on wellness: Healing from Residential School](#)

- **Magnetawan First Nation**
Holistic Counselling
- **Pikwakanagan First Nation**
Golden Lake, Ontario
Wellness Days
Holistic Counselling
- **Mnaamodzawin Health Services:**
Manitoulin Island Ontario
Holistic Counselling for 5
Ojibwa Communities and Staff
- **Whitefish River First Nation,**
Ontario: Holistic Counselling
Workshops for Youth
- **Winnipeg Manitoba**
Government contract:
Igniting the Power Within
Prior Learning Assessment
Steering Committee for First
Nations' Project
Facilitating & Consulting
Holistic Counselling
- **Ending Native Youth Suicide:**
Federal Contract
Focus Group
Ottawa, Ontario
Task force making short-term
doable recommendations to
end Native Youth Suicide to
Health Canada and Assembly of
First Nations
- **Women's Prison**
Kitchener, Ontario
Holistic Counselling for First
Nations' inmates
- **Fanshaw College**
Simcoe, Ontario
Effective Listening Course
Using our Personal Energy
Course
- **Xerox Canada**
North York, Ontario
Created screen layouts & help
screens for nationwide
scheduling project
Trained end users nationwide

- **Ministry of Attorney General**
Guns & Gangs Department
Team Building

RETREATS Facilitator:

- Within Awareness – The
Cener of S.E.L.F

Certifications:

- ✓ Touch for Health Levels 1 & 2
- ✓ **SafeTALK: How to intervene
and help prevent suicide**
- ✓ Strategies for Effective
Listening
- ✓ Mediation & Reconciliation
- ✓ Conflict Management Skills
- ✓ Leadership & Quality Control
- ✓ Competent
Communication/Leadership –
Silver level
- ✓ Ordained Minister
- ✓ **Certified Traditional Healer:**
FNTI
- ✓ Consumer/Board Training:
The Canadian Mental Health
Association (HN)

Volunteer and Community

Support:

- Children's Aid Society committee member with CAS to create policy/procedure for filing formal complaints
- Simcoe Woman's Shelter committee member to help design new facility
- Regional Children's & Advisory Group member
- Regional District Health Council: appointment by Health Canada
- Started Neighbourhood Watch
- Member of Coordinating Committee to End Family Violence: Chaired for 3 Terms
- Rotary Club
- Toastmasters
- Chair Parent Council Sr. High
- ***Fundraising***

Committees & Support:

- Teddy Bear for Tots
- Hamilton ON
- Ghana School of Dreams- Hamilton ON
- Miles for Smiles- Hamilton ON
- Rama Library Chippewas of Rama ON
- New Comers Club Cornwall ON
- Rotary: Cornwall ON
- East Front PS Cornwall ON
- Cornwall Tourism
- Parade of Nations Cornwall ON
- EverlastingTree School, Six Nations, Ontario
- Host of local TV show and Radio Show: Simcoe ON
- Foster Child in India